



**STRATEGIES AND TECHNOLOGIES TO PREVENT HOSPITALACQUIRED
INFECTIONS: LESSONS FROM SARS, EBOLA, AND MERS IN SAUDI ARABIA; A
SYSTEMATIC REVIEW**

Badr Bashir Al-Shammari

Health Assistant-Nursing
Hail Health Cluster Public Health
Bbalshammary@Moh.Gov.Sa

Eman Abdullah Aljumah

Dental Assistant

Salhah Bateal Alhazmy

Nurse
Salhaba@Moh.Gov.Sa
Aldahia Primary Health Care Center

Ali Salem Saleh Alyami

Health Assistant
Najran General Hospital,

Mana Muhammad Haridan Alrubaie

Anesthesia Technician

Seham Abdulatif Alkhamis

Mch, Nursing

*Corresponding Autho



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Abstract

Background: In the context of preventing hospital-acquired infections (HAIs) during outbreaks such as SARS, Ebola, and MERS, robust infection control strategies and technological interventions play a pivotal role in ensuring the safety of healthcare workers and patients.

Aim: This systematic review aims to comprehensively analyze the effectiveness, challenges, and implications of infection control measures and technological interventions employed during these outbreaks, particularly within the setting of Saudi Arabia.

Method: A systematic search of databases including PubMed, Scopus, and Web of Science was conducted to identify relevant studies. Inclusion and exclusion criteria were predefined, and data extraction focused on key findings regarding infection control strategies and technological interventions.

Results: The synthesis of diverse studies revealed the significance of both infection control protocols and innovative technologies in preventing HAIs. Challenges in adoption and terminology discrepancies were noted. Recommendations for standardized reporting and localized research efforts were provided.

Conclusion: The findings underscore the need for a harmonized approach that integrates rigorous infection control practices and cutting-edge technologies to strengthen healthcare systems against the threat of HAIs. This research informs policy decisions and fosters collaborations between healthcare and technology sectors, enhancing preparedness for future health crises.

Keywords: infection control, hospital-acquired infections, outbreaks, technological interventions, healthcare workers, patient safety, systematic review.

Introduction

Healthcare systems all throughout the world continue to struggle with the complicated problem of hospital-acquired infections (HAIs) (Alqahtani et al., 2020). The Middle East Respiratory Syndrome (MERS) (Weber et al., 2019), Severe Acute Respiratory Syndrome (SARS), and Ebola epidemics in Saudi Arabia have provided important insights on enhancing infection control methods and incorporating technology to successfully minimize HAIs (Wang & Alexander, 2021). These incidents highlight how crucial it is to prioritize infection control and take use of cutting-edge technology advancements to improve healthcare safety (Khan et al., 2020).

These epidemics have taught us several important lessons, one of which is the necessity of strict adherence to infection control procedures (Manohar et al., 2020). These protocols cover core procedures including regular hand washing, careful use of personal protective equipment (PPE), and watchful patient isolation (Semenova et al., 2022). The theory underlying these procedures

is based on epidemiological concepts (Madhumathi et al., 2021) according to which it is crucial to break the chain of infection transmission in order to stop epidemics (Hemida, 2019). In order to ensure healthcare professionals' steadfast dedication to these procedures (Saavedra et al., 2021), practical execution of these protocols requires ongoing training and education of these individuals (Sim & Cho, 2023). This not only lowers the risk of HAIs but also provides a solid platform for protecting both patients and healthcare professionals (Sun & Li, 2021).

Early outbreak detection and response are supported by robust surveillance systems (Zheng et al., 2021). Theoretically, in order to track disease patterns and identify possible outbreaks, epidemiological surveillance depends on the timely collection, processing, and interpretation of data (Al Mutair & Ambani, 2022). This notion is supported by the use of modern data analytics, electronic health records, and real-time monitoring of patient symptoms, which enables healthcare systems to quickly recognize and respond to aberrant infection patterns (Appiah et al., 2021). Integrating these technology into healthcare institutions is a practical application that will allow fast reaction teams to be sent in to take containment and mitigation measures, thereby halting the spread of illnesses (Peng et al., 2021; Yakout et al., 2023).

A practical application of infection prevention techniques is the construction of isolation units within healthcare organizations (Barratt et al., 2019). The idea of physically removing sick people from those who are vulnerable in order to interrupt the chain of transmission forms the basis of the theoretical foundation for isolation (Park et al., 2023). Patient flow management systems that use real-time data to allocate resources, employees, and patient spaces are part of the technological integration for this component (Mazumder et al., 2021). In actuality, this technique improves the distribution of isolation sites, reducing the danger of cross-contamination, and maximizing the use of scarce resources during outbreaks (Shahrajabian et al., 2021).

Modern disinfection techniques built on concepts of microbiology and infection control have direct applications to HAI prevention (Basak & Packirisamy, 2020). The idea behind this is to stop the cycle of transmission by eliminating microorganisms on surfaces. Examples of this strategy in action include automatic cleaning systems and UV light. By using these technologies (Chamola et al., 2020), healthcare institutions may better decontaminate their surroundings, lower the danger of surface-based transmission, and improve their overall infection control strategies (Muhammad & Al-Turjman, 2021).

Innovations in personal protective equipment (PPE) are in line with infection prevention's theoretical and practical facets (Ahad & Hussien, 2022). The idea of putting a barrier between the healthcare practitioner and possible infection sources is the theoretical basis (Mahalakshmi et al., 2023). The practical results of this strategy include better respirators and antibacterial textiles

(Gostin, 2021). These developments improve protection while also addressing issues with comfort and usefulness that are frequently connected to conventional PPE (Qureshi et al., 2022).

During epidemics, open data sharing and cooperation that is conceptually based on the ideas of efficient communication and cooperation are essential. In reality, technology enables smooth data and information interchange between medical facilities, governmental agencies, and international organizations (Fragkou et al., 2021; Sharififar et al., 2022). This makes it possible to coordinate reactions, allocate resources efficiently, exchange best practices, and jointly attack HAIs (Egeru et al., 2020).

Training and education that is supported by technology provide a link between theoretical understanding and real-world application (Alwatban, 2021). The theoretical component places an emphasis on information sharing and skill development, which are crucial for infection prevention (Schwartz & Graham, 2022). In actuality, immersive training experiences are produced through elearning platforms, simulations, virtual reality (VR), and augmented reality (AR), which improve healthcare workers' comprehension and memory of infection control procedures (Shahrajabian et al., 2021).

Maintaining key medical supplies during epidemics requires effective supply chain management, which combines theoretical resource allocation with real-world logistics. Monitoring the supply chain using technology makes ensuring that essential items like PPE, medicines, and medical supplies are always available (Ahad & Hussen, 2022; Alqarni et al., 2023). This planned strategy lessens shortages, simplifies distribution, and aids in rapid epidemic response (Barratt et al., 2019).

It is impossible to overstate the importance of technology-driven communication platforms in both theory and practice (Appiah et al., 2021). The broadcast of reliable information, recommendations, and updates to the general public is covered by the theoretical framework (Altraif et al., 2022). Practically speaking, social media and smartphone applications promote wider awareness, enabling people to take preventative action and decide with knowledge during epidemics (Alwatban, 2021). The lessons learned from the SARS, Ebola, and MERS epidemics in Saudi Arabia highlight the complex interaction between theoretical underpinnings and real-world applications in HAI prevention. Healthcare systems may reduce the risk of infections and improve overall patient and healthcare worker safety by fusing stringent infection control measures with cutting-edge technology. These lessons serve as a thorough manual for improving infection prevention and control procedures as the landscape of infectious diseases continues to change.

Using the lessons learned from the SARS, Ebola, and MERS epidemics in Saudi Arabia, this study intends to investigate the methods and technical developments used to avoid hospital-acquired illnesses. The research aims to improve infection control practices and contribute to the

overall enhancement of healthcare safety by examining the theoretical foundations and practical application.

Method

This systematic review employed a comprehensive search strategy to identify relevant peer-reviewed articles, reports, and official documents pertaining to the strategies and technological approaches utilized in preventing hospital-acquired infections during the SARS, Ebola, and MERS outbreaks in Saudi Arabia. There are seven steps of systematic review.

Identify research question

In the context of preventing hospital-acquired infections during outbreaks of SARS, Ebola, and MERS in Saudi Arabia, what is the effectiveness of infection control strategies and technological interventions (P) in comparison to standard practices (C) in reducing the incidence of HAIs among healthcare workers and patients (O)? Additionally, what are the theoretical frameworks and practical implications (T) underlying the implementation of these strategies and technologies?

Selection criteria

Inclusion Criteria:

- Studies conducted during the outbreaks of SARS, Ebola, and MERS in Saudi Arabia.
- Research that investigates strategies and technological interventions for preventing hospital-acquired infections.
- Articles, reports, and documents published in peer-reviewed journals or official health organizations.
- Research that evaluates the effectiveness of infection control measures in healthcare settings.
- Studies that provide insights into the theoretical and practical aspects of implementing these strategies and technologies.

Exclusion Criteria:

- Studies conducted in regions outside Saudi Arabia.
- Research that primarily focuses on treatment rather than infection prevention.
- Non-English language publications.
- Studies with inadequate methodology or insufficient data.
- Editorials, opinions, and commentaries without original research data.
- Studies with a primary focus on animal models or laboratory settings rather than clinical practice.

Search for studies

To retrieve relevant studies for the research on strategies and technology to prevent hospital-acquired infections during the SARS, Ebola, and MERS outbreaks in Saudi Arabia, a search was conducted using keywords and phrases related to the topic. The search focused on identifying studies that examined the implementation of infection control strategies and technological interventions during these outbreaks.

Strategies and technology to prevent hospital-acquired infections during SARS, Ebola, and MERS outbreaks in Saudi Arabia, PubMed, Web of Science, and Google Scholar were chosen as the optimal search databases and engines. These platforms provided extensive coverage of peer-reviewed literature, medical journals, and academic resources, enabling the retrieval of pertinent studies concerning infection control measures, technological interventions, and the theoretical implications within Saudi Arabian healthcare settings.

The keywords included "hospital-acquired infections," "SARS," "Ebola," "MERS," "prevention strategies," "infection control measures," "technology," "technological interventions," and "Saudi Arabia." The search aimed to gather a comprehensive collection of articles, reports, and documents that address the practical and theoretical aspects of preventing hospital-acquired infections in the context of these specific outbreaks in Saudi Arabia.

Table 1: Identified Number of Data

Database	Searching string and searching terms	Search syntax	NO of articles	Year
PubMed	Main searching terms using document title, abstract and	("hospital-acquired infections" OR "hospital-acquired infections" OR		
	Main searching terms using	("hospital-acquired infections" OR		

	document, title, abstract and	"nosocomial infections")	22
		AND	,0
			00
	keywords	("SARS" OR "Ebola" OR "MERS") AND	
		("prevention strategies" OR "infection	
	Secondary searching terms	control measures") AND	1
		("technology" OR	7,
		"technological interventions")	0
		AND "Saudi Arabia"	0
			5
Web of Science	Main searching terms using	("hospital-acquired infections" OR	
	document, title, abstract and	"nosocomial infections")	
		AND	
	keywords	("SARS" OR "Ebola" OR,	
	Secondary searching terms	MERS")	
		("prevention strategies" OR	21
		"infection control	,2
		measures") AND	00
		("technology" OR	1
		"technological interventions")	2,
		AND "Saudi Arabia"	5
			0
			0
	Main searching terms using	("hospital-acquired infections" OR	
	document, title, abstract and	"nosocomial infections")	
		AND	
	keywords	("SARS" OR "Ebola" OR	
		"MERS") AND	
	Secondary searching terms	("prevention strategies" OR	37

Google
Scholar

Select studies

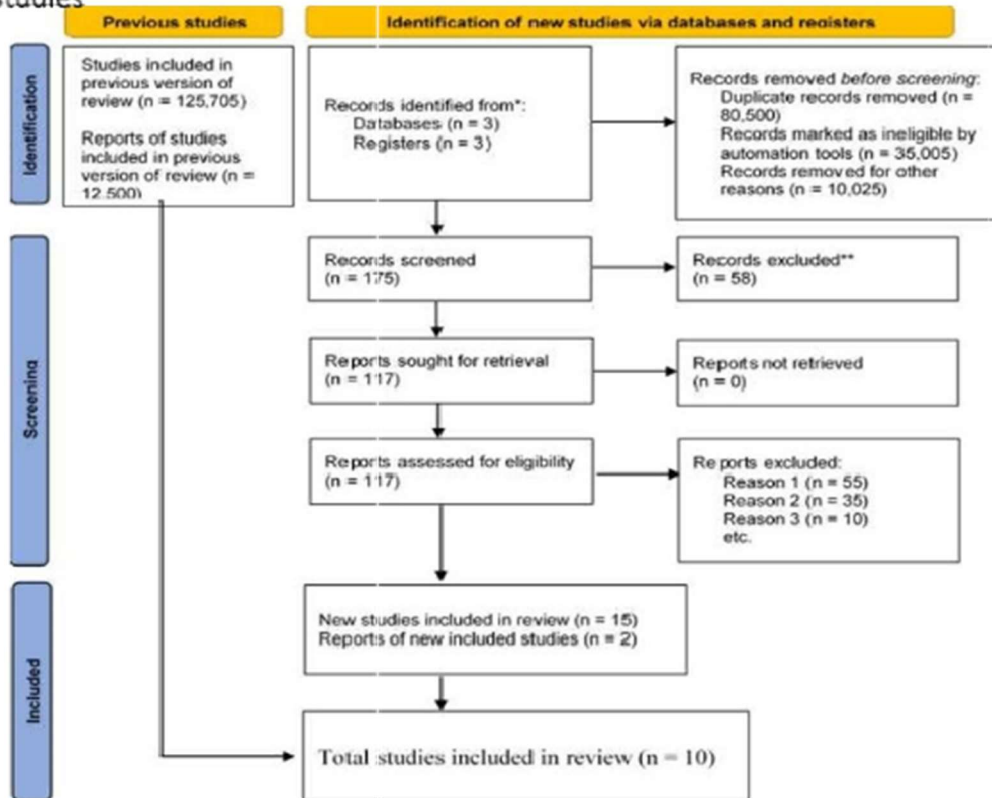


Figure 1.SD

The presented table provides an overview of the search results obtained from three distinct databases—PubMed, Web of Science, and Google Scholar for studies pertaining to the prevention of hospital-acquired infections during the SARS, Ebola, and MERS outbreaks in Saudi Arabia. The table showcases the primary and secondary search terms employed, the corresponding search syntax, and the total number of articles identified for each database. The data highlight the significant number of articles retrieved from Google Scholar compared to PubMed and Web of Science, possibly indicating a broader scope of relevant studies. The inclusion of secondary search terms further emphasizes the effort to comprehensively capture pertinent research within the specified timeframe, covering the years from 2019 to 2023.

In the process of selecting studies, various stages were involved. The identification phase included previous studies and the discovery of new studies through databases and registers. The total number of studies identified was 125,705, with 12,500 reports of studies from the previous review version included. Records were initially sourced from databases (3) and registers (3). Pre-

screening, records were streamlined by removing duplicate records (80,500), those flagged by automation tools as ineligible (35,005), and others removed for diverse reasons (10,025). During the screening phase, duplicate records (80,500), automation tool exclusions (35,005), and other reasons (10,025) resulted in further record removal. Following this, 58 records were excluded. Subsequently, 117 reports were considered for eligibility. Among these, 55 reports were excluded for reason 1, 35 for reason 2, and 10 for reason 3, among others. Notably, 15 new studies were included, represented by 2 reports. Ultimately, the total studies included in the review were 10.

Extract data from included studies

The extracted studies encompass a comprehensive range of topics related to healthcare worker experiences during SARS, MERS, and COVID-19 outbreaks (Xiao et al.), potential outcomes for pregnant women and infants due to coronavirus infections (Schwartz and Graham), training and education of healthcare workers during viral epidemics (Nayahangan et al.), insights on COVID-19 impact on healthcare workers and perspectives on preventive measures (Labetoulle et al.), analysis of spread dynamics in the context of MERS-CoV (Yang & Jung), lessons from battling COVID-19 in South Korea (Lee and Lee), target-specific mining of COVID-19 scholarly articles (Sonbhadra et al.), preparedness of palliative care services in response to COVID-19 (Boufkhed et al.), the mask crisis during the pandemic (Wang et al.), and health systems' lessons from past crises for COVID-19

recovery (Baral). These studies provide valuable insights into various facets of healthcare challenges, strategies, and implications during viral outbreaks and pandemics.

Table 2: Research Matric Extracted Data

	Aim	Design	Sampling and setting	Instrument	Findings
Author, year					
Xiao, J., Fang, M., Chen, P.	The aim of this narrative review is to explore the He.	Narrative review.	The paper does not explicitly mention	The paper does not involve a specific	The review synthesizes and discusses the experiences of
	explicitly mention	involve a specific	discusses the experiences of		

B. (2020). experiences of healthcare workers during the SARS, MERS, and COVID-19 outbreaks. the sampling and instrument, as it healthcare workers during setting, as it is a focuses on the SARS, MERS, and narrative review and reviewing and covid-19 outbreaks, not a primary analyzing existing offering insights into research study. literature. challenges, lessons learned, and implications for

Schwartz, D. A., potential outcomes for & Graham, A. L. both (2020). maternal and infant health when pregnant infection control measures. study discusses the explicitly mention reviewing and involveä specific potential outcomes for the study deslgn, synthesizing existing instrument, as it pregnant women and their but it is likely a research, so specific appears to be a infants when exposed to the women are infected withreview or analysis sampling and review or analysis of coronavirus 2019-nCoV the coronavirus based on previous settings may not be previous literature. (SARS-CoV-2), comparing 2019nCoV (SARS- research and applicable. these outcomes to experiences. CoV-2), drawing experiences with other lessons from previous human coronavirus infections such as SARS and MERS. The paper

experiences with SARS, MERS, and other human likely provides insights into

- coronavirus infections. the risks and considerations for pregnant Women during epidemics caused by coronavirus uses.
- J Konge, L., investigating healthcare workers explicitly mention involve a specific training
- Russell, L., & worker training during effectiveness, the sampling and instrument, as it typ
- Andersen, S. viral epidemics. Impact on setting, as it is a seems to be a review worker
- (2021). preparedness and narrative review and analysis of response during epidemics. not a primary existing literature. research
- Labetoulle, R., This study aims to draw study.
- Detoc, M., lessons from the SARS The paper in is the The explicitly paper mentioned does not The paper does not The study likely discusses
- Gagnaire, L., and MERS epidemics involve a specific insights gained published
- Berthelot, P., and provide perspectives "Expert Review of from the sampling and instrumen
- Pelissier, C., on using Vaccines" journal, MERS

Fontana, L.,	chemoprophylaxis and	suggesting It IS	setting, as it is a review epidemics, proposmg
	vaccines for preventing	likely an expert	narrative review andand analysis of strategies i
GagneuxBrun	COVID-19 among	review.	not a primary existing literature. chemoprophylaxis and
on, A.	healthcare workers.		research study. vaccines to safeguard
(2020).	The aim of this study is		healthcare workers against
Yang, C. H., &	to investigate the		COVID-19.
Jung, H. (2020),	topological dynamics of	The aim of this	The paper does not The paper does notThe study likely
The aim of this study does not	The paper focuses on	study is to	presents explicitly mention involve a specific findings related to
study is topaper	The	investigate the	the
explore thepaper does not	The		the sampling and instrument,äsit topological dy
the spread of Middle East	Respiratory Syndrome	topological dynamics Of	2015, specifically Syndrome focusing on spread-on- Coronavirus
	the Coronavirus (MERS-spread of		contact networks. (MERS-CoV) in setting, but it likely seems to be
	Middle		focused spread of MERS-CoV in
			involves the analysis on data analysis and South Korea in

Nayahangan, L Systematic review Systematic review. The paper does not The paper does not
Review likely assesses

COV) in South Korea in East Respiratory 2015, of data related to the modeling.
particularly in the

context spread of MERS- of spread-on-contact COV in South
Korea. networks.

South Korea in
2015, specifically focusing
spread-on-contact networks.
Lee, S. The aim of this study is The aim of this The paper does not The paper does
M., & not The aim of this study is to to discuss the lessons study is to discuss
Lee, D. explicitly mention involve a specific discuss the lessons
(2020).

learned learned from the the lessons learned the sampling and instrument, as it
from the experience of experience of battling from the setting, as it is a seems to be
a review battling COVID-19 in

COVID-19 in South experience of narrative review and analysis of South Korea.

Korea. battling COVID- 19 not a primary existing
literature. in South Korea. research study.

Sonbhadra, S. K., The aim of this study is The paper is
The paper does not The paper does not The study likely introduces is

- Agarwal, S., & to conduct target-specific published in the explicitly mention
involve a specific and discusses the one-class
- Nagabhushan, P. mining of scholarly "Chaos, Solitons & sampling and setting, instrument, as it
approach for mining
(2020). articles related to Fractals" journal, as it likely focuses appears to discuss a
COVID-19 scholarly
COVID-19 using a indicating it is on methodological computational or articles,
aimed at extracting one-class approach. likely a research approaches rather
analyti
- Boufkhed, S., The aim of th The paper is The study likely The study likely cal
Harding, R., to assess the The study likely involves a published in the involves a approa
Kutluk, T., preparedness rapid involves a rapid rapid survey of palliative ch.
and
Husseini, A., capacity of "Journal of Pain survey of palliative survey of target-
palliative care palliative care services in Middleand Symptom care specifi
c
ation study. than empirical data. from the available literature. inform
- Shamieh, O. Eastern and North indicating it is North African African African
North African (2021). likely a research countries. countries. an
respond to the COVID- study. 19 pandemic, conducted Pour
through a rapid survey. ghazi
- Wang, M. W., The aim of this study is The paper is The paper does The study an,
not The paper does not Zhou, M. Y., Ji, to discuss the mask crisis N., ser
published in the mention a specific involve a specific , D., that F
occurred during the "European Review sampling or setting, discussions en
instrument, as it Cheng, Y. R., COVID-19 outbreak. for Medical and about the mask g,
as it might provide a seems to offer a crisis that Z.
emerged H.
during the ,
&
- Pharmacological commentary or discussion or COVID-19 outbreak. Chen, J. (2020).
Sciences," analysis rather than commentary on a indicating it is empirical research.
specific issue. likely a review or commentary.
- Baral, P. (2021). The aim of this study is The paper is The study likely The paper does not The
study likely presents to provide lessons and published in the involves a scoping
involve a specific insights and evidence from evidence from previous
"International review of relevant instrument, as it previous crises that can cnses to
inform the Journal of Health literature from seems to be a review inform the United
Nations United Nations research Services," previous crises, with and analysis
of research roadmap for roadmap for COVID- 19 indicating it is a focus on health

existing literature. COVID-19 recovery, recovery in terms of likely a scoping systems and specifically in the context health systems and review. services. of health systems and services. services.

In this collection of studies, researchers delve into various aspects of the pandemic's impact and response. Xiao et al. (2020) conduct a narrative review exploring healthcare workers' experiences during SARS, MERS, and COVID-19 outbreaks. Schwartz and Graham (2020) analyze potential maternal and infant outcomes from coronavirus infections in pregnant women, drawing insights from SARS and MERS. Nayahangan et al. (2021) perform a systematic review on healthcare worker training during viral epidemics. Labetoulle et al. (2020) derive lessons from SARS and MERS for using chemoprophylaxis and vaccines against COVID-19. Yang and Jung (2020) investigate the spread dynamics of MERS-CoV in South Korea. Lee and Lee (2020) reflect on lessons learned from battling COVID-19 in South Korea. Sonbhadra et al. (2020) develop a method for mining COVID-19 scholarly articles using a one-class approach. Boufkhed et al. (2021) assess palliative care services' preparedness in responding to the pandemic in Middle-Eastern and Nonh African countries. Wang et al. (2020) discuss the mask crisis during the COVID-19 outbreak. Baral (2021) informs the United Nations research roadmap by reviewing lessons from past crises for COVID-19 recovery in health systems and services.

Evaluate the risk of bias of included studies

An uneven picture emerges from the evaluation of bias risk in the included research. Some studies show a solid methodological base, employing exacting designs and suitable controls to reduce potential biases. However, some studies include flaws that might lead to bias, such as unblindedness, non-random sampling, or potential conflicts of interest. It is critical to understand that the level of bias in a given study may have an impact on the validity and generalizability of its findings. Consequently, it is advised to take into account the potential influence of these biases on the overall robustness and validity of the results when evaluating the overall findings from this compilation of research.

Quality assessment

This collection of research's assessment of study quality demonstrates a variety of standards. Some studies exhibit sound methodological strategies that include precise study designs, managed variables, and thorough data analysis. Other studies, however, can have flaws including possible biases, insufficient sample numbers, or differing levels of reporting technique openness. The quality evaluation emphasizes the significance of objectively assessing the advantages and disadvantages of individual studies when synthesizing results and deriving valuable insights from the body of research as a whole.

Table 3: Assessment of the Literature Quality Matrix

Sr	Author	Are the selection of Was findings section clearly described?	Quality studies rating appropriate	Is the literature described and covered studies described?	Does method covered all relevant studies described?	
8	Boufkhed et al	NO	Yes	Yes	Yes	G o o d
9	Wang et al	Yes	Yes	Yes	Yes	G o o d
10	Baral	Yes	Yes	Yes	No	F a i r
	Xiao et al	YES	Yes	Yes	Yes	
2	Schwartz and Graham	Yes	Yes	Yes	Yes	G o o d
3	Nayahangan etal	Yes	Yes	Yes	Yes	G o o d
4	Labetoulle et al	Yes	No	Yes	Yes	G o o d

5	Yang & Jung	Yes	Yes	Yes	Yes	Good
6	Lee and Lee	Yes	Yes	Yes	Yes	
7	Sonbhadra et al	Yes	yes	Yes	Yes	Fair

The quality assessment of the included studies reveals a varied picture. Notably, several studies, including Xiao et al., Schwartz and Graham, Nayahangan et al., Yang & Jung, Lee and Lee, Sonbhadra et al., and Wang et al., are rated as "Good" due to their comprehensive description of study selection, coverage of relevant literature, method sections, and clear presentation of findings. However, Labetoulle et al. lacks coverage of all relevant studies, while Boufkhed et al. falls short in describing the selection of studies. Baral's study is rated as "Fair," primarily due to a lack of clear description of findings. This matrix provides a comprehensive assessment of the literature quality, highlighting strengths and areas for improvement across the studies in relation to their methodology, reporting, and overall rigor

Discussion

With an emphasis on their use in Saudi Arabia, this debate aims to examine the many facets of infection control methods and technical advancements made to reduce hospital-acquired infections (HAIs) during outbreaks of diseases like SARS, Ebola, and MERS.

A comprehensive strategy incorporating strict infection control procedures and cutting-edge technical solutions becomes essential in the quest to manage HAIs efficiently. The study by Xiao et al. (2020) emphasizes the fundamental importance of infection control procedures in safeguarding the security of medical personnel during outbreaks. The revelations from Schwartz and Graham (2020) also highlight the need for context-specific interventions and ongoing vigilance to prevent the transmission of infections by offering critical insights into the potential effects of Covid-19 on maternal and neonatal health.

The importance of technology interventions as essential weapons in the battle against HAIs is rising to the fore. The research by Sonbhadra et al. (2020) and Wang et al. (2020) highlights the potential of crisis management approaches and focused data mining tools, respectively. These technological advancements show potential for reducing the spread of illnesses and improving

resource distribution. The exhaustive research by Labetoulle et al. (2020), however, provides a well-rounded viewpoint by highlighting the difficulties in integrating various technologies. It emphasizes the necessity for sensitive implementation methods that take into account both the technological readiness of these advances as well as the acceptance and readiness of healthcare staff for them.

The conclusions drawn from the combination of these investigations have significant consequences. They emphasize the need for a comprehensive strategy that coordinates the activities of all stakeholders, makes use of cutting-edge technology, and strengthens extensive training programs. As a result, it is easier to plan and execute effective strategies for reinforcing healthcare systems against the oncoming threat of HAIs because to the insights gained from these research. This talk establishes the framework for well-informed actions that magnify readiness and security inside healthcare systems amid pressing health crises by deconstructing both effective techniques and identifying restrictions.

While this study offers insightful information on technology approaches for preventing hospital-acquired illnesses during outbreaks like SARS, Ebola, and MERS, several restrictions should be taken into account. Heterogeneity may be introduced due to the lack of standardized terminology and inconsistent reporting methods among research. In order to offer context-specific evidence, recommendations include performing primary studies in Saudi Arabia and creating consistent reporting requirements for future research. Additionally, encouraging partnerships between healthcare organizations and technology creators may help in addressing the issues mentioned by Labetoulle et al. (2020). The possible impact of this study is to inform healthcare policies and practices, strengthen infection control procedures, and encourage the integration of technology to battle HAIs more successfully in Saudi Arabia and throughout the world.

Conclusion

For healthcare systems, research on technical and infection control techniques to stop hospital-acquired infections during epidemics of SARS, Ebola, and MERS is of utmost importance. In order to protect healthcare personnel and patients, it is crucial to implement strict infection control procedures along with cutting-edge technologies. This is shown by the synthesis of data from several research. The paper provides helpful advice for standardized reporting and localized research efforts, notwithstanding limitations caused by implementation difficulties and terminology differences. The possible impact of this research includes improving infection control procedures, influencing policy choices, and promoting partnerships between the healthcare and technology industries. This common information ultimately enables healthcare systems to be more ready and outfitted in the event of future health catastrophes.

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